

Bigots target Celts' new Japanese signing online

NEW Celtic star Daizen Maeda has been targeted by bigoted trolls. Users hijacked his Wikipedia page and set up a fake Twitter account in his name. They edited the forward's profile to claim he was linked to terrorists and a Celtic ultras fans group. Scottish Football Supporters Association chairman Andy Smith condemned the behaviour as "derogatory". One bogus claim alleged Maeda had made offensive comments about Rangers and the Queen after his switch to Parkhead from Japanese side Yokohama F Marinos. The edits were spotted on Sunday and removed. The Twitter profile was set up in his name which contained offensive comments towards Rangers fans and racist comments about the Japan international. Smith said: "There's no place for any derogatory remarks against any religion or race." Maeda was unveiled on Hogmanay, alongside fellow Japanese duo Reo Hatate and Yosuke Ideguchi.



HIJACKED Daizen Maeda



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EXCLUSIVE DAD'S ANGUISH OVER LACK OF SERVICES

My Joshi could still be alive with this mental health revolution



AGONY Mark Smith, left, describes beloved late daughter Joshi as 'beautiful' and 'inspirational', saying the desperate family spent fortunes on limited treatments which didn't work. He believes 'there must have been a way of reaching her'



Dignity at heart of Model

BY MARK MCGIVERN

IN TRIESTE, there are no locked doors and no reliance upon restraints. They believe "la libertà è terapeutica" - freedom is therapeutic. A series of Community Mental Health Centres (CMHCs) are linked with the community for the benefit of the individual's recovery. CMHCs operate a 24/7, walk-in policy and provide single-point access in an informal but safe space, where individuals are



RECOVERY Clinical director Roberto Mezzina

treated with compassion and dignity, and given advice, treatment and counselling. The focus of treatment is the individual's life goals and long-term recovery, as opposed to a diagnosis and the management of symptoms. Trieste is designated by the World Health Organization (WHO) as a "centre of excellence for mental health recovery".



TRAGEDY Joshi Smith took her own life at 24

CRUSADING parents hope the death of their daughter can lead to a revolution in mental health services in Scotland.

Mark Smith believes daughter Joshi could be alive today if carers had been able to offer psychiatric treatment pioneered in north-west Italy. He and wife Catherine are in talks that they hope will lead to the opening of a Joshi Project using the Trieste Model - a novel rehab policy first used in the Italian region. They believe similar hubs would tackle the rising tide of mental breakdowns, suicide and drug addictions claiming the lives of more people every year. Joshi Smith, 24, died in the US in 2019, seven years after the Smith family moved there to seek help when mental health services in Scotland failed. The couple spent their life savings on treatments. But their lives were turned upside down when Joshi died of a fentanyl overdose in the States, which they believe was the result of her self-medicating. Mark, a journalist,

Parents believe acclaimed Italian project would have helped Joshi, 24

BY MARK MCGIVERN
Chief Reporter

said: "Joshi was a beautiful, inspirational daughter and there must have been a way of reaching her. "I believe there could be tens of thousands of young people like Joshi who could be helped immeasurably by methods from Trieste. "I didn't accept that she was just beyond help, the way some professionals had made me feel. "I went to psychiatrists in the NHS and private, we spent a fortune, more money than I care to talk about, on both sides of the Atlantic, and they had nothing to offer to help Joshi." The family quit Scotland when a psychiatrist at Stirling Royal Infirmary told them: "We have nothing left for Joshi, nothing in our armoury we haven't tried." Mark said: "Psychiatrists in Scotland are all stuck on this old 'chemical imbalance' model and were all limited by that because it was obvious that even if there was a medicine solution, they didn't know what it was. "They would tell Joshi, 'The problem is your brain chemistry. And she kept asking, 'Well, how do you know my brain chemistry is at the right level?' And they didn't in the end know the answer, and all the time she was getting more frustrated." Mark began to look at recovery systems worldwide and treatment outcomes. He said: "I made myself a cursory league table, looking at what countries had good outcomes and what models work and which don't. Scotland was pretty bad, well down the table. "Here we're stuck in this medical, biological model that rattles on about chemical input and output of the brain. But life is more complicated than input/output and that fact underpins some of the most successful systems, like that in Trieste." The Trieste Model is built on an "open-door approach" to treatment and allows them a say in their recovery. Mark's dedication to the Trieste Model was solidified after he inquired and was put through to clinical director Roberto Mezzina, who is world renowned for his work. He said: "I told him my daughter was a lover of Shakespeare, and she was a poet. He told me that one of the first 'treatments' he'd have looked to would have been getting someone to talk to her about Shakespeare or maybe

392 Young people waited more than **2 YEARS** for mental health treatment

'FAILURES' LEAVE YOUNG WAITING FOR YEARS

A CRISIS in mental health provision for young people was underlined last week when research showed 392 young people waited more than two years for treatment. The Scottish Lib Dems said children were being forced to endure "tortuous waits" thanks to "a shocking catalogue of failures". One young person in the NHS Grampian health board area started treatment earlier this year after waiting 2534 days - just short of seven years. Fife, Lothian and Highland regional health boards reported waits of over two years, with more than 140 children and young people who started treatment in 2020-21 having waited longer. One youngster in Ayrshire and Arran has been waiting 919 days for care.